BAUSCH Health

New Report Reveals That More Than One-Third Of IBS Patients Surveyed State It Has Been More Challenging To Manage Their Symptoms During The COVID-19 Pandemic

April 15, 2021

Salix Pharmaceuticals Sponsored Report, Patient Perspectives: Living with IBS in a Pandemic

Insights May Help Health Care Providers Have Productive Conversations with Their Patients About IBS Symptoms

LAVAL, Quebec, April 15, 2021 /PRNewswire/ -- Bausch Health Companies Inc. (NYSE/TSX: BHC) ("Bausch Health") and its gastroenterology (GI) business, Salix Pharmaceuticals ("Salix"), one of the largest specialty pharmaceutical companies in the world committed to the prevention and treatment of gastrointestinal diseases, today released a report of survey results that offers perspectives from U.S. adults living with irritable bowel syndrome (IBS) during the COVID-19 pandemic. Entitled *Patient Perspectives: Living with IBS in a Pandemic*, the report provides insights about the symptoms and behaviors of IBS patients over the past year (March 2020 – March 2021). Most notably, more than one-third (37%) of those surveyed acknowledge that the COVID-19 pandemic has made it more challenging to manage their IBS symptoms. The report, which was developed based on a survey conducted by The Fairleigh Dickinson University Poll, also finds concerns about post-pandemic life and insights about the way patients are communicating with their health care providers.

Experience the interactive Multimedia News Release here: https://www.multivu.com/players/English/8700351-salix-pharmaceuticals-survey-living-with-ibs-in-a-pandemic

Salix PHARMACEUTICALS

"It's been just over a year since the COVID-19 pandemic upended lives across the nation. Salix is committed to helping patients with GI conditions, and we believe it is important to gain an understanding of how the COVID-19 pandemic may impact people living with IBS, a common gastrointestinal disorder that is estimated to affect more than 12 million Americans[1]," said Robert Spurr, president, Salix Pharmaceuticals. "We believe these new insights may foster important dialogue between health care providers and their patients."

Key findings from the report include:

- The pandemic is impacting the wellbeing of IBS patients with 49% reporting that their mental health has worsened. Of the respondents, 51% report worse physical activity and 34% state worse eating habits.
- Many respondents report deteriorating IBS symptoms. According to the survey, 33% report worsened diarrhea, 31% report worsened constipation, 39% report worsened abdominal pain or discomfort, and 42% report worsened bloating.
    - Fewer than 15% of patients surveyed living with these symptoms report experiencing an improvement over the past year.
- 35% of respondents have not discussed their IBS symptoms with a health care provider at all since the COVID-19 pandemic began.
- Respondents express concerns about post-pandemic life, including lack of access to restrooms (55%) and being able to attend social gatherings (48%).

To view the complete findings from the *Patient Perspectives: Living with IBS in a Pandemic* report, visit https://www.multivu.com/arc/preview/English/5aa7d9e2-941f-4598-b913-68d833d98c4a/docs/SurveyResults_1618414718263-8129634.pdf
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About the Methodology Behind *Patient Perspectives: Living with IBS in a Pandemic*
Data is from a representative non-probability online sample of U.S. residents and was carried out in March 2021 by Fairleigh Dickinson University's FDU Poll. Participants were recruited based on previously reported gastrointestinal issues. The overall sample size of the survey was 695 respondents and was screened to include only those who self-reported having IBS with constipation, Chronic Idiopathic Constipation or IBS with diarrhea. Respondents were drawn from multiple panels of U.S. residents and were compensated for their time. Due to the limitations of this survey, results may not be representative of the general IBS population.

About Fairleigh Dickinson University
Since 2001, Fairleigh Dickinson University's FDU Poll has conducted survey research on issues of public importance. Utilizing best practices in survey methodology, FDU Poll produces authoritative statewide and national public polling. In addition, FDU Poll engages in research for corporate, non-profit and government entities. As a charter member of the American Association for Public Opinion Research's Transparency Initiative, the FDU Poll is devoted to building public confidence in polling by embracing the open science of survey research.

About Salix
Salix Pharmaceuticals is one of the largest specialty pharmaceutical companies in the world committed to the prevention and treatment of gastrointestinal diseases. For more than 30 years, Salix has licensed, developed and marketed innovative products to improve patients' lives and arm health care providers with life-changing solutions for many chronic and debilitating conditions. Salix currently markets its product line to U.S. health care providers through an expanded sales force that focuses on gastroenterology, hepatology, pain specialists and primary care. Salix is headquartered in Bridgewater, New Jersey. For more information about Salix, visit www.Salix.com
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About Bausch Health
Bausch Health Companies Inc. (NYSE/TSX: BHC) is a global company whose mission is to improve people's lives with our health care products. We develop, manufacture and market a

range of pharmaceutical, medical device and over-the-counter products, primarily in the therapeutic areas of eye health, gastroenterology, and dermatology. We are delivering on our commitments as we build an innovative company dedicated to advancing global health. More information can be found at
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Forward-looking Statements
This news release may contain forward-looking statements, which may generally be identified by the use of the words "anticipates," "expects," "intends," "plans," "should," "could," "would," "may," "believes," "estimates," "potential," "target," or "continue" and variations or similar expressions. These statements are based upon the current expectations and beliefs of management and are subject to certain risks and uncertainties that could cause actual results to differ materially from those described in the forward-looking statements. These risks and uncertainties include, but are not limited to, the risks and uncertainties discussed in the Bausch Health's most recent annual report on Form 10-K and detailed from time to time in Bausch Health's other filings with the U.S. Securities and Exchange Commission and the Canadian Securities Administrators, which factors are incorporated herein by reference. They also include, but are not limited to, risks and uncertainties caused by or relating to the evolving COVID-19 pandemic, and the fear of that pandemic and its potential effects, the severity, duration, and future impact of which are highly uncertain and cannot be predicted, and which may have a material adverse impact on Bausch Health, including but not limited to its project development timelines, and costs (which may increase). Readers are cautioned not to place undue reliance on any of these forward-looking statements. These forward-looking statements speak only as of the date hereof. Bausch Health undertakes no obligation to update any of these forward-looking statements to reflect events or circumstances after the date of this news release or to reflect actual outcomes, unless required by law.

References

- Palsson OS, Whitehead W, Törnblom H, Sperber AD, Simren M. Prevalence of Rome IV Functional Bowel Disorders Among Adults in the United States, Canada, and the United Kingdom. Gastroenterology. 2020 Apr;158(5):1262-1273.e3. doi: 10.1053/j.gastro.2019.12.021. Epub 2020 Jan 7. PMID: 31917991.

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